

2024 Annual SA

Bike Ride, Lunch & Meeting

Saturday June 15th – 8:00am until Noon (or so)

Ride 28 miles on the American River Bike Trail, with a loop around Lake Natoma, then back to the park for lunch and a SA meeting under the trees.

The Plan:

- Meet at William B. Pond Recreation Area in Carmichael 8:00am for check in, coffee, bagels, etc.
- The Ride starts rolling out at 8:30am.
- Two Rest Stops with refreshments at the Nimbus Fish Hatchery.
- Finish the ride, enjoy a DIY Sandwich bar with fixings, followed by an SA Meeting at 11:00am
- Bring bike, helmet, recovery and determination.
- If you need a bike, let's talk about getting you rolling.

Direction to William Pond: From U.S. Highway 50, take the Watt Avenue northbound off-ramp. Turn right at Fair Oaks Blvd., then make another right on Arden Way. Arden Way will come to an end at the park's entrance. (Address: 5700 Arden Way. Carmichael, CA 95608)

Come in past the pay station, (pay if driving) and park in the lot (the first parking turn out on left) Look for us at the end on the right @ table just behind the first Bathroom Building.

Helpers Also Needed!

{ a few fellows are also needed for support positions }

Registration Info:

\$20.00 per person covers breakfast snacks, drinks, rest stop snacks, and water, and full lunch. (Payment by cash or PayPal will be due by Ride Day.)

Please RSVP (with your Name, Phone, & Email) by June 8th to:
Brian L. 916 475 7685 email: brian@GTRN.INFO