

## 19th Annual SA Fall Men's Retreat

Theme: **Work it because You are Worth it !**



Dates: **Friday, 8 Nov thru Sunday, 10 Nov 2019**

Location: **Episcopal Conference Center Oakhurst (ECCO)**  
43803 Highway 41  
Oakhurst, CA 93644

<http://www.ECCOyosemite.org>  
<http://www.sabayarea.org>



## Nineteenth Annual SA Fall Men's Retreat

### Work it because You are Worth it !

8-10 November 2019

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The purpose for the weekend retreat is to create the fellowship we crave and to put into action the twelve steps to spiritual progress. No matter what Step you are working on, you will find help and encouragement. We absolutely insist on enJOYing life, so plan on having a great and memorable weekend in the redwoods.

Note: \*If you need funding assistance, please see your Home Group for sponsorship and check box 'C' below.\*

#### Schedule:

The Fall Men's Retreat opens Friday (8 Nov 18) at 4 PM -- with the first meeting starting at 8 PM following Friday evening dinner. Our retreat ends on Sunday morning (10 Nov 18) at 10:00 AM.

#### The cost of the retreat includes:

- Friday dinner and fellowship from 4 PM to 7:30 PM (note: Annual ECCO event precludes our use of kitchen & dining hall on Friday evening).
- Lodging on Friday and Saturday nights in lodges and dormitories with shared bathrooms.
- Saturday Meals: Breakfast, Lunch, & Dinner.
- Sunday Meal: Breakfast
- Facilities for volleyball, hiking, mountain biking, and basketball court.
- Fire ring for singing, story telling, and lots of fun.

#### What to bring:

- Personal items (esp., soap, shampoo, shaver, tooth brush / paste, pillow, etc.); ECCO provides one set of towels & bed linens.
- Shoes and clothing for hiking and sports. Bring warm clothes for likely cool weather.
- Writing materials and program literature (White Book, Big Book, 12x12, SA's "Step Into Action," etc.)
- Sports equipment (note: Javelins, archery accessories, dumbbells exceeding 25.67 lbs., & all firearms are strictly prohibited)
- Musical instruments (note: Tubas, drum sets, & accordions are highly discouraged; play the Accordion, go to jail > it's the law !).
- Honesty, Open-mindedness, and Willingness (HOW).

#### Contact Information:

If you would like to be of service at the retreat, or if you have general questions about the retreat, please call Peter T. at 510-754-5526. If you have registration questions, please call Peter T. at 510-754-5526. Consider carpooling with members from your regional area.

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**MAIL THIS REGISTRATION FORM WITH YOUR PAYMENT AS SOON AS POSSIBLE**

#### Circle One:

- A. \$110 Early Registration for a "Dorm" room and \$140 for a "Quad" room – if mailed **by** Friday, September 27.
- B. \$135 Standard Registration for a "Dorm" room – if mailed **after** Friday, September 27.
- C. \$165 Standard Registration for a "Quad" room – if mailed **after** Friday, September 27.

**Make check payable to: Nor Cal Unity Men's Retreat**

**Mail check and registration form to: N.C.S.A.I., Attn: Nor Cal Men's Retreat, P.O. Box 5081, Santa Clara, CA 95056-5081**

Name	Home Group
Address	Primary Phone
City, State, ZIP	Email Address
Emergency Contact Name	Emergency Phone
What Step Do You Want to Work?	What Would You Be Willing to Help With at the Retreat?