

## KEYS TO RECOVERY

Let's celebrate the holiday by staying sober and being present!

Holidays can challenge our recovery, stir up painful memories and be a time when we get out of our healthy routines. Let's work together to help each other through the

## RELAPSE PREVENTION WORKSHOP

**11.17.18 | 9am - Noon**

1st Christian Church  
39th and Folsom | Sacramento  
Cost: \$5.00 | Coffee & Munchies

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